

# Excelsior University

January Newsletter 2023

## Hot Topics Edition



### What Makes a College Veteran Friendly?

Many colleges advertise themselves as “veteran friendly” or “military friendly,” but not all provide the services that meet the promise of those words. At [Excelsior University](https://www.excelsior.edu), administrators, faculty, and staff pride themselves on providing an educational experience that helps veterans make a smooth transition from military service to the civilian workforce.



### The Importance of Mentorship

Whether you are an adult learner, a teenager in high school, an only child, grandma, CEO, start-up entrepreneur, accomplished artist... (the list goes on), a mentor is important to anyone at any age or phase in life. Often, [mentorship](#) includes folks who must meet in person, a structured plan, an issue or problem that needs fixing, or deliverables and action items to check off a list and accomplish.



### Dealing with ADHD as an Adult in College

Going back to school as an adult to earn a college degree is a challenging task under any circumstance. This can be even more challenging for those with [different abilities](#), particularly those with attention-deficient hyperactivity disorder (ADHD).

To learn more about Excelsior University and the benefits of being a partnership student, schedule a virtual meeting with your Partnership Manager, Robert Lyons, by emailing - [RLyons@excelsior.edu](mailto:RLyons@excelsior.edu)

**For more information about Excelsior University and the partnership program, please contact the Partnership Admissions team (844-843-9296)**