



University of  
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**FREE WEBINAR**

## EMOTIONAL INTELLIGENCE: A GUIDE FOR THRIVING IN THE WORKPLACE

*Based on a Forbes article, organizations with high Emotional Intelligence find an increased retention rate of nearly 400% higher.\**

Individuals high in emotional intelligence (EI) hold more favorable opinions of their workplace, exhibit better decision-making, and adapt better to change. This contributes to better performing organizations with higher levels of employee engagement and job satisfaction. In this webinar, participants will identify the core components of EI and learn strategies to increase their emotional intelligence. Learn why individuals with EI deliver stronger results and how a lack of EI can be detrimental in a diverse workforce.

### **In this webinar you will:**

- Examine what a lack of EI looks like
- Learn the benefits of EI in the workplace
- Understand the core components of EI
- Explore methods for gauging and developing emotional intelligence within yourself and your workforce
- Gain strategies for implementing emotional intelligence into the workplace

\*<https://www.forbes.com/sites/forbesbusinesscouncil/2022/05/04/adopting-emotional-intelligence-in-the-workplace-is-more-than-a-nice-to-have/?sh=78c2a2ff5560>

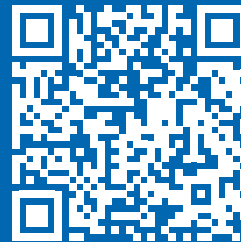
**THIS WEBINAR IS FREE  
AND OPEN TO THE  
PUBLIC.**

### **DATE**

Wed, Jan 25, 2023  
11:00 AM - 12:00 PM PST

### **INSTRUCTOR**

**Sharon Noble, MA, BCBA**  
Adjunct Faculty at UMass Global



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